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3. EXERCISES IN DOUBLE NOTES, &c.

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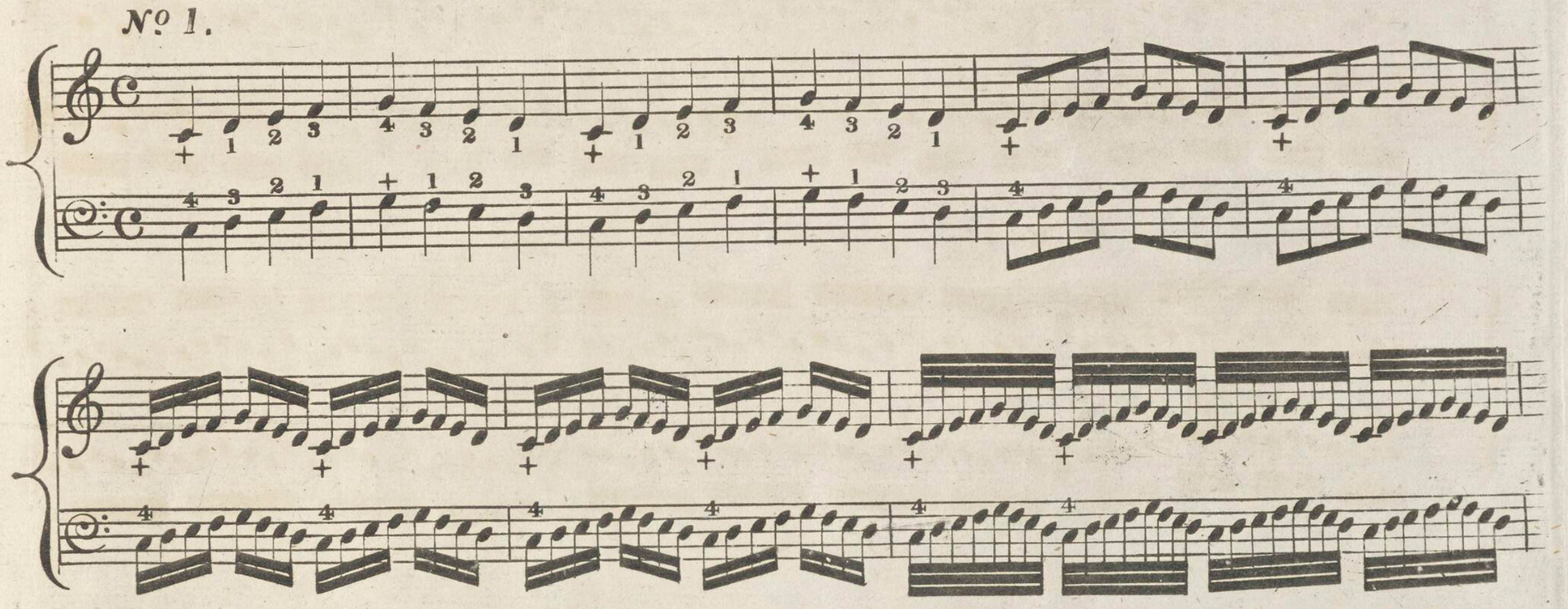
# HENRY HERZ'S "INDISPENSABLE MORNING PRACTICE" I

## SCALES AND EXERCISES

### FOR THE ACQUIREMENT OF A PERFECT EXECUTION.

These exercises in which the fingers are employed in every manner are most effective in forming the hand; to obtain the full benefit from them they should be played at first very slowly and without the least movement of the hand and as the fingers gain strength and flexibility the tempo, may be increased.

*Nº 1.*



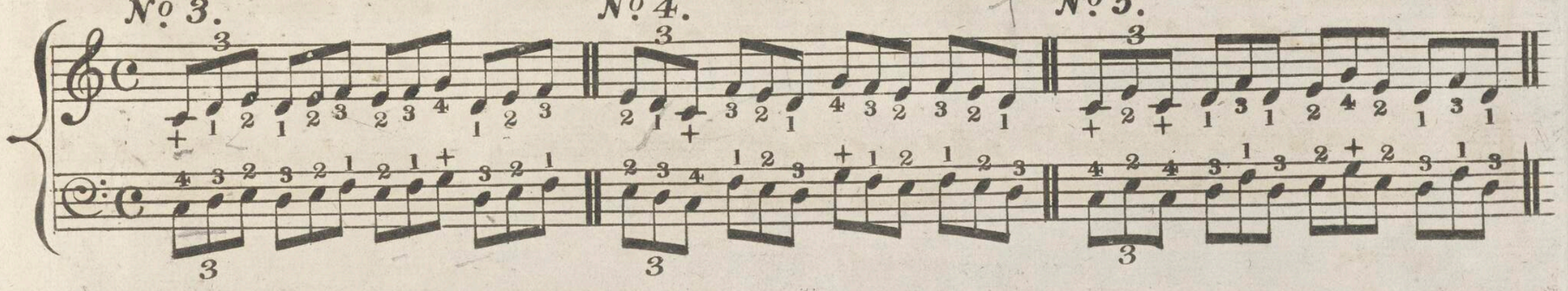
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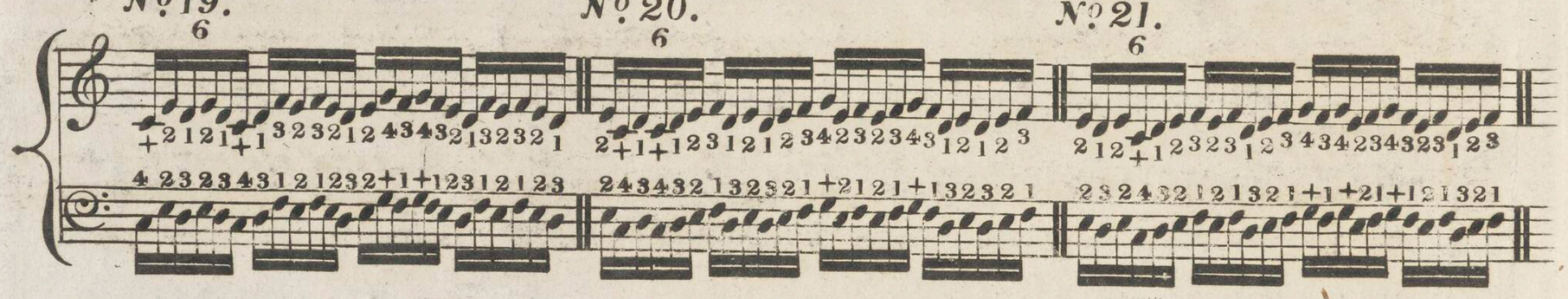
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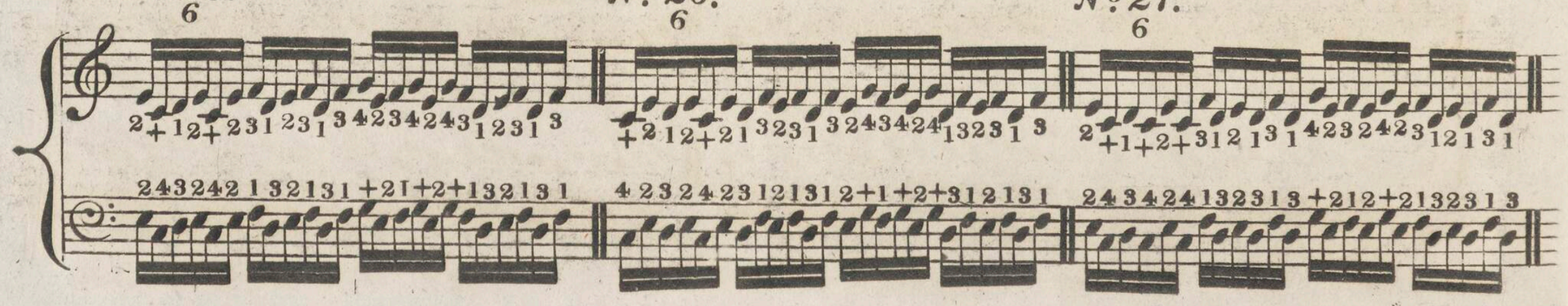
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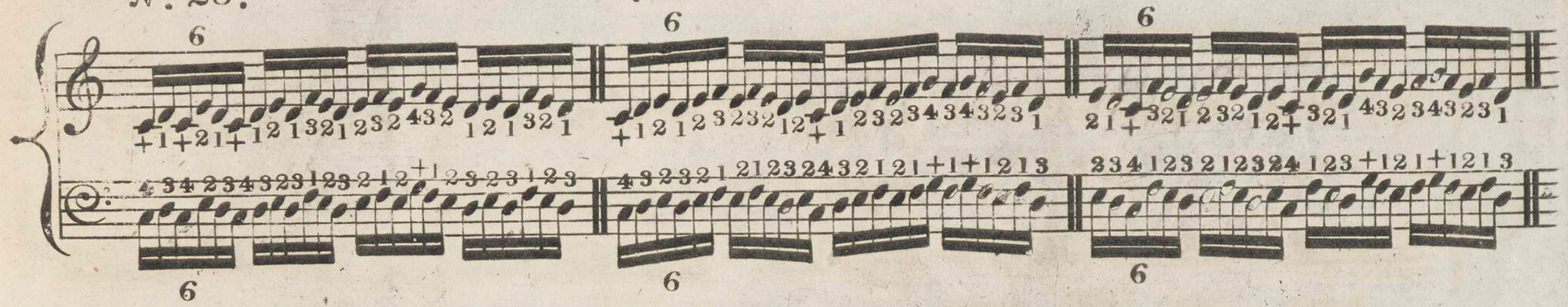


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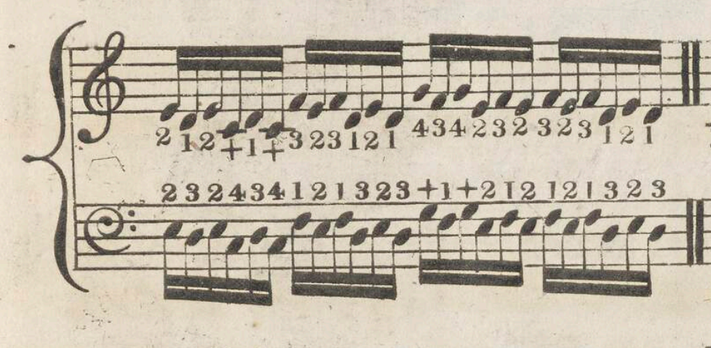
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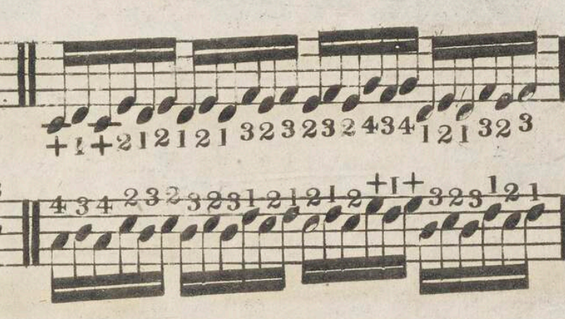
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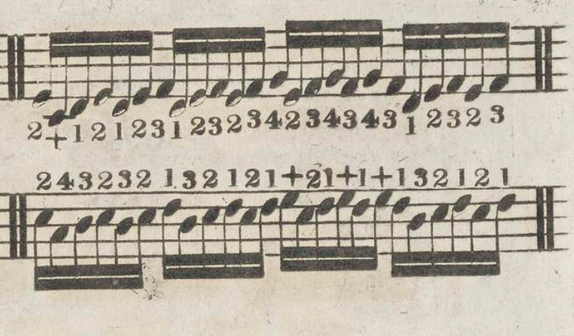
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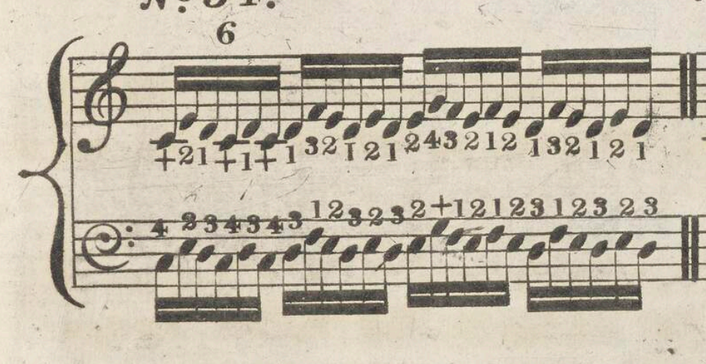
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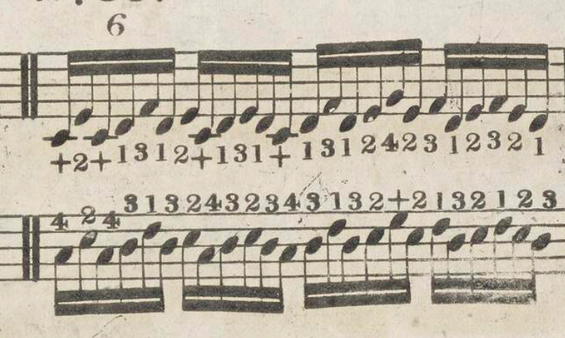
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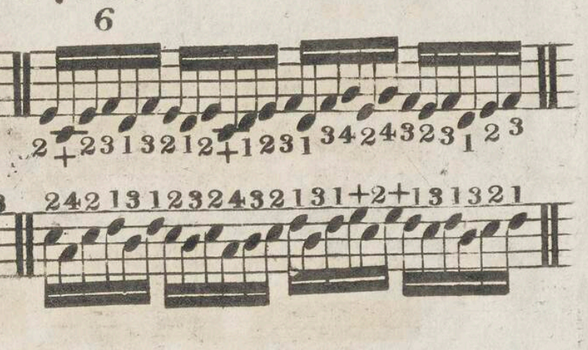
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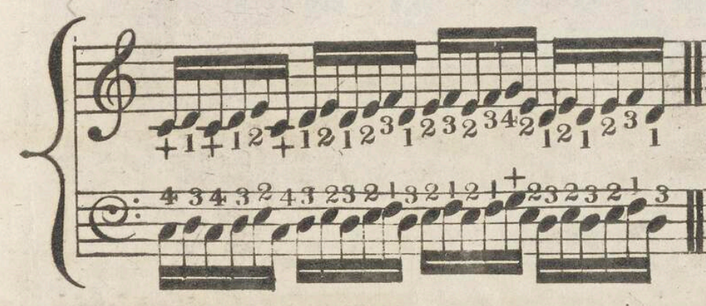
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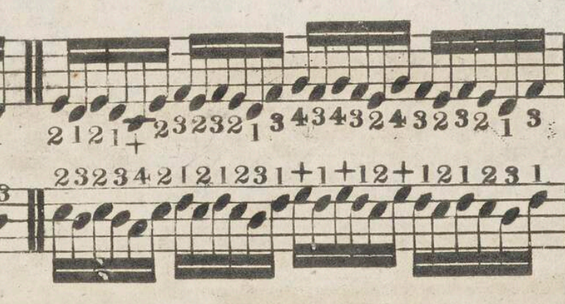
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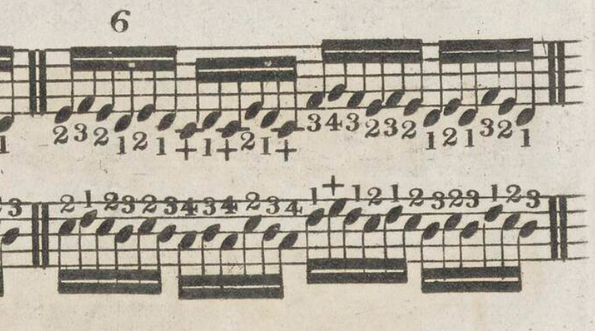
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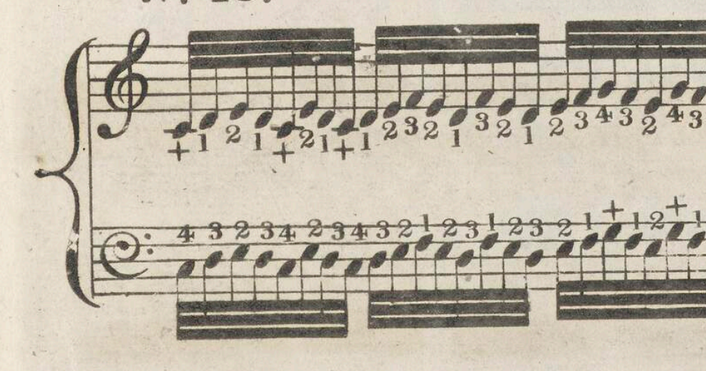
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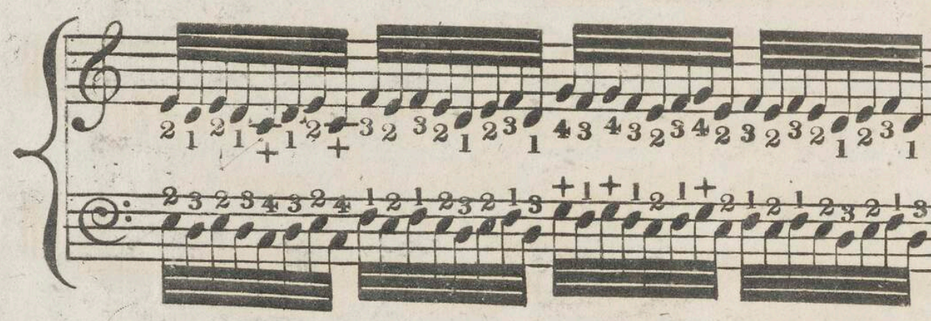
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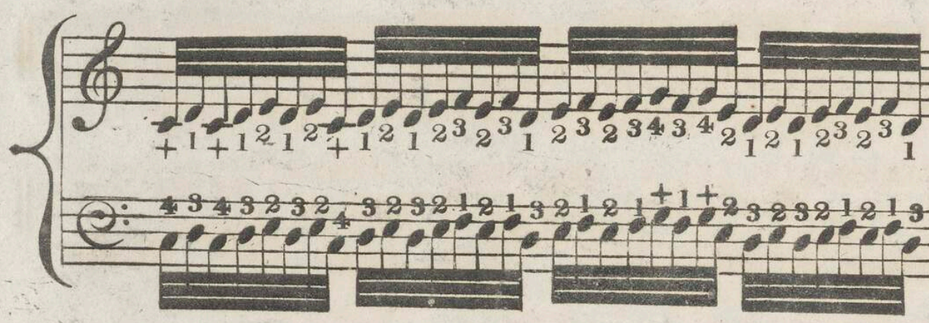
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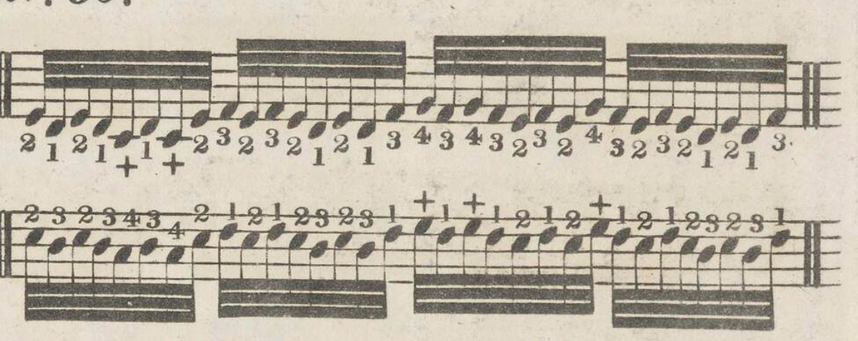
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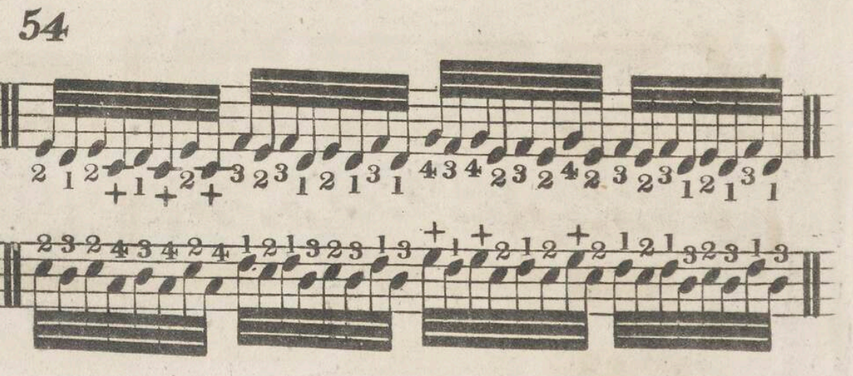
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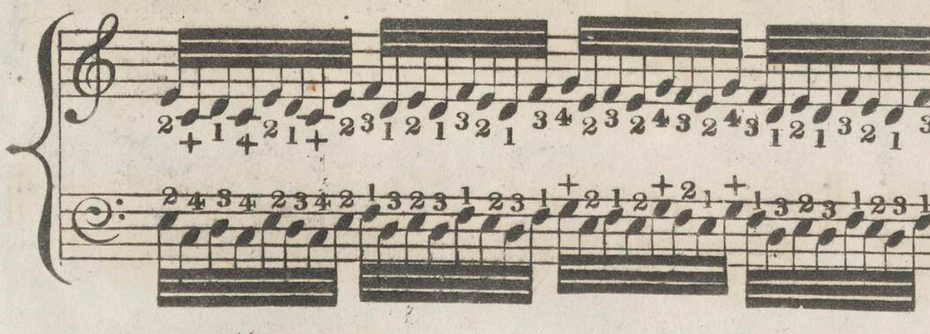
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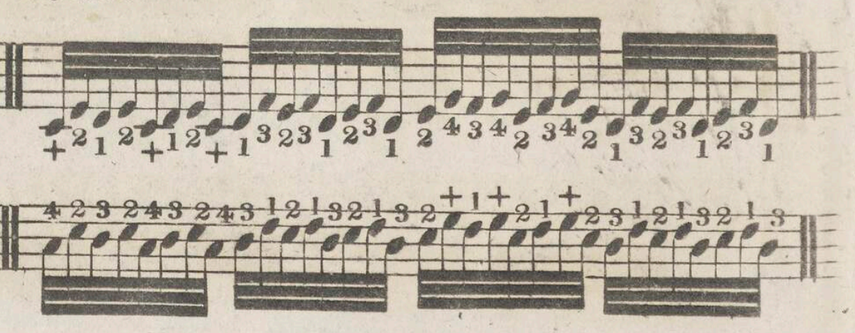
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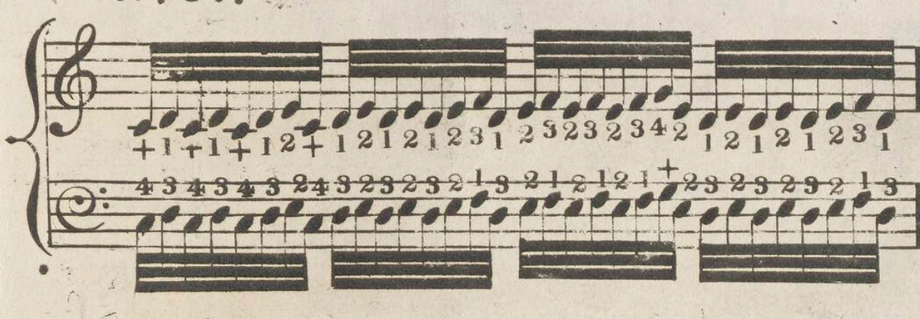
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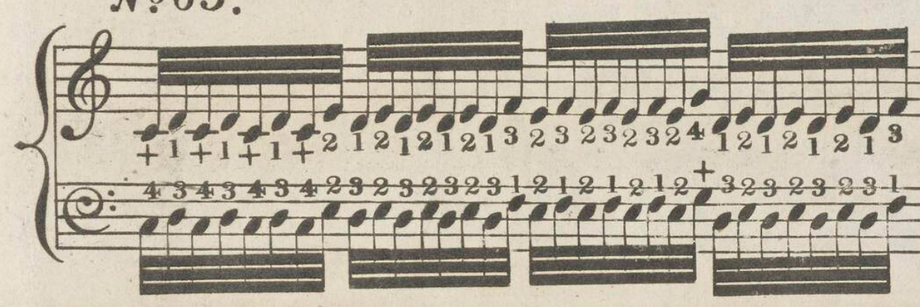
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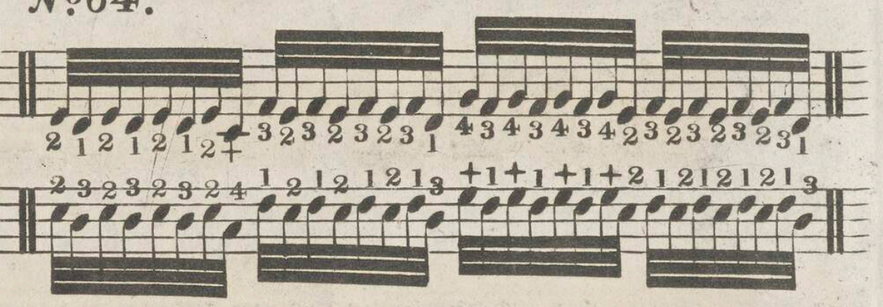
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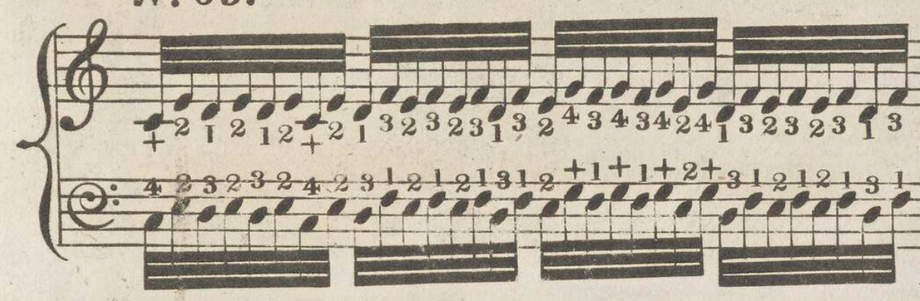
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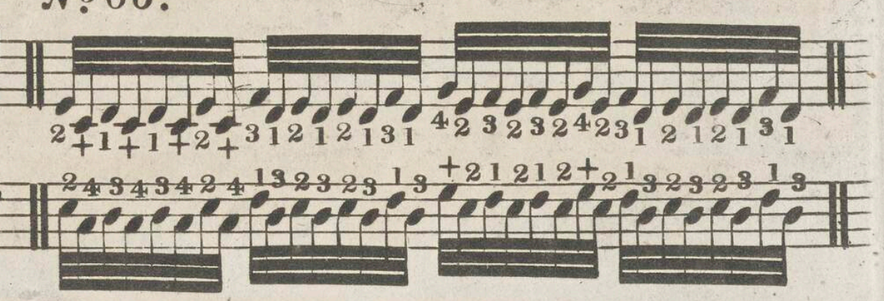
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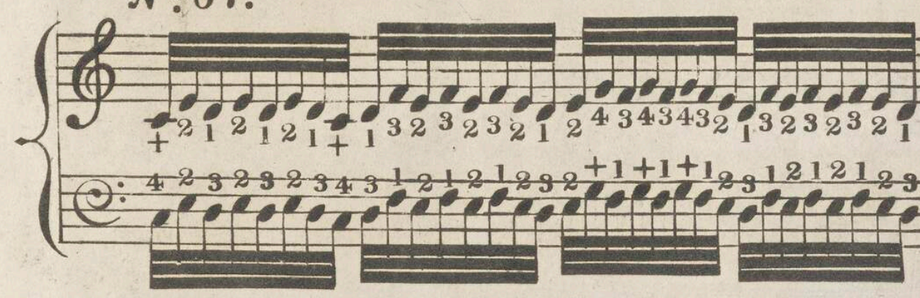
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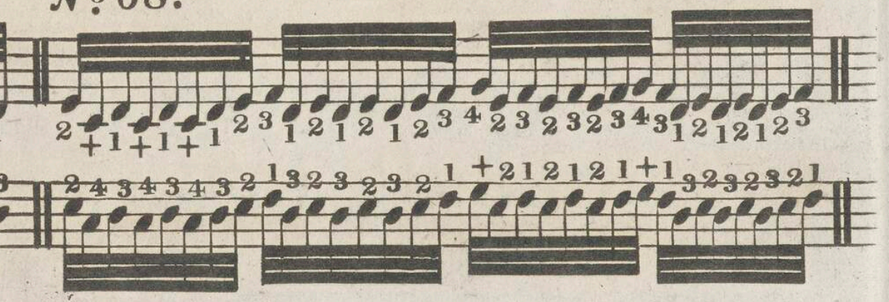
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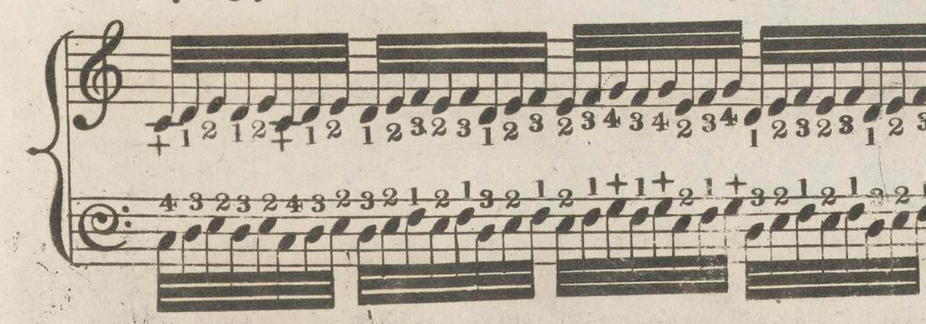
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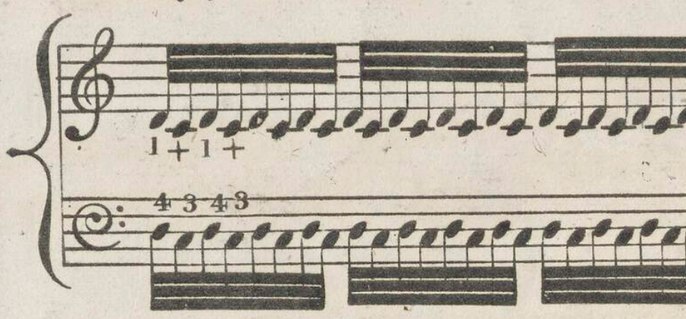


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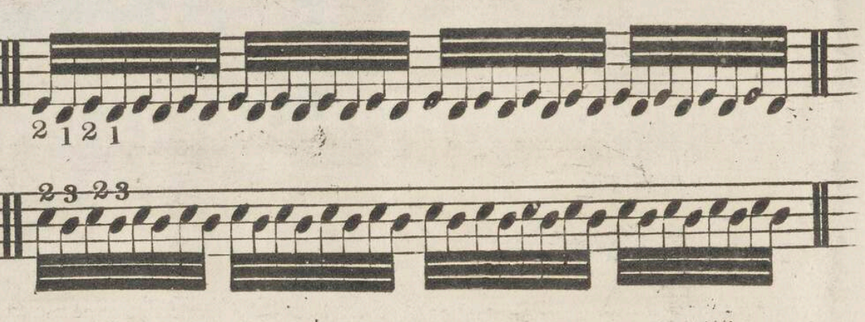


The Exercise on the Shake is very useful to equalise the fingers and to give them firmness, it is necessary to practice them well and often, without moving the hand. Commence slowly with one hand, then both hands, increasing the time. It will prove advantageous to practice the Numbers 71 to 76 without interruption and with steady and equal motion.

№71.



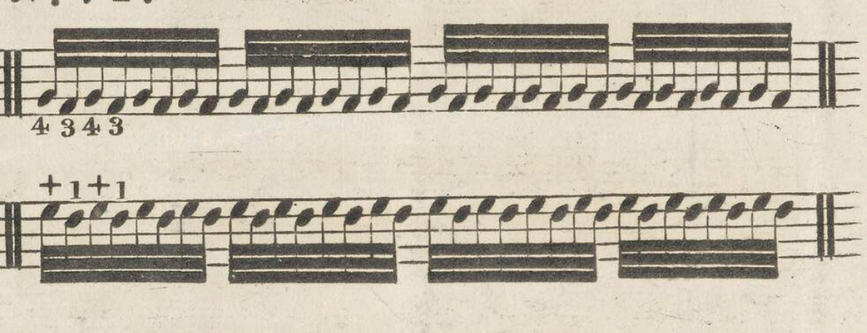
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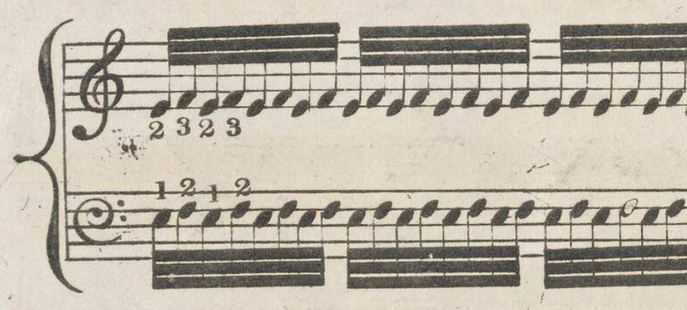
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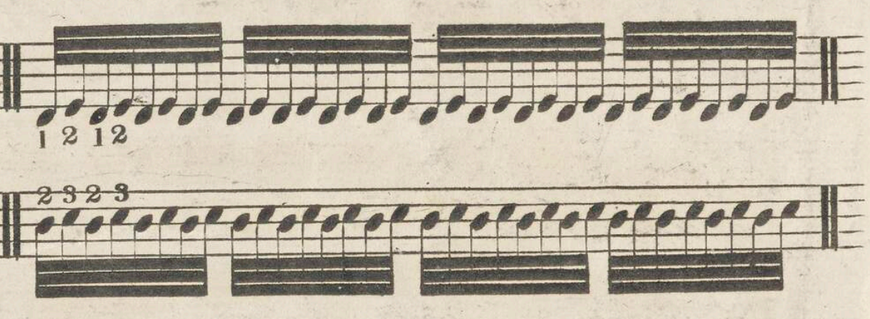
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№76.



Exercises for giving Independence to the fingers.

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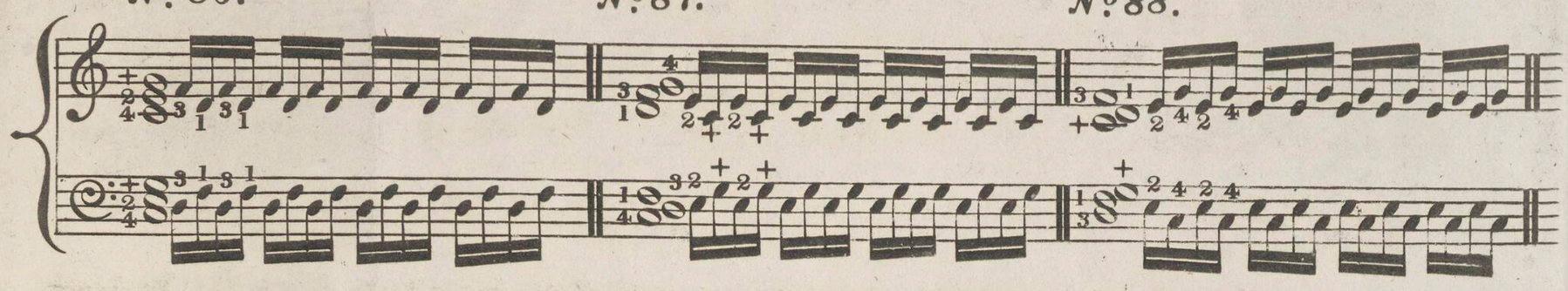
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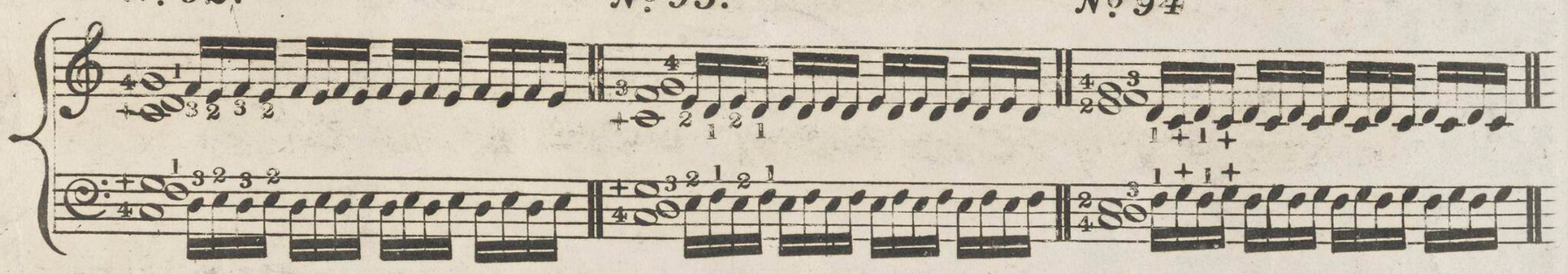
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